

bed time

By Lori Capullo

The Latest in Lighting, Linens and Style

SETTING UP THE BEDROOM TO suit your lifestyle—and sleepstyle—takes some planning. Step one: Have a definite idea of what you will be using the room for. Will it be a dual-purpose room, where you work as well as sleep? Will it be the main room for reading, relaxing, watching television, or listening to music...or will the room be strictly themed for romance? Know what you want, and plan accordingly.

One designer finds that more and more, his clients are looking to make the master suite a sanctuary in which to escape from the hustle and bustle of everyday strains and stresses. "To fill requests for bedrooms that function as a kind of oasis, I use a neutral color scheme—tone on tone, maybe cream on cream," says Larry Wilson, ASID, of Larry Wilson Design Associates Inc., in Jacksonville. "There's almost an absence of color stimulus, leaving the final look to depend totally on texture, so it ends up being neutral with intricate textures, and any color or detail comes mainly from artwork." While he prescribes neutrals for tranquility, he says, "Colors are becoming more saturated. Jewel tones are strong but slightly grayed or muted. In this scheme, neutrals are still present, but act as a softening tool for the intense color palette."

